STARTERS

Grilled Mackerel	€12.00
potato & caper salad, toasted sourdough	
Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide	
House Smoked BBQ Chicken Wings	€11.00/€15.00
spiced jerk mayonnaise, celery sticks	
Contains: celery, eggs, wheat, mustard, sesame, soya	
Seafood Chowder	€11.00
salmon, cod, mussels, cockles, home-made brown bread	
Contains: wheat, celery, milk, mollusc, fish	
Mespil Scotch Egg	€9.00
pork mince, mustard mayo, pickled vegetable salad	
Contains: wheat, eggs, milk, mustard, sulphur dioxide	
Goat's Cheese Bruschetta (V)	€9.00
sourdough, cherry tomato, beetroot, cress	
Contains: wheat, milk	
Soup of the Day (V)(VE)	€7.00
home-made brown bread	
Contains: milk, wheat, celery	
Mespil Tasting Board (for 2 sharing)	€29.00
mackerel, smoked wings, scotch egg, beef croquette	

Contains: wheat, celery, milk, eggs, mustard, sesame, fish, sulphur dioxide, soya



SALADS

Mespil Caesar Salad	€15.00
baby gem lettuce, sourdough croutons, bacon, parmesan dressing	
add warm grilled chicken €6.00	
Contains: wheat, eggs, milk, mustard, sulphur dioxide, nuts	
Quinoa Salad (V)	€15.00
spiced chickpea, beetroot, cumin roasted cauliflower, baby spinach	
add warm grilled chicken €6.00	
Contains: mustard, sulphur dioxide, sesame	
Pearl Cous-Cous Salad (V)(VE)	€15.00
sundried tomato, chargrilled vegetables, almonds, mixed leaves	
add warm grilled chicken €6.00	
Contains: almonds, sulphur dioxide, mustard, wheat	
SANDWICHES	
Served until 5:00pm	

Mespil Ploughman's Toastie baked ham, smoked cheddar, gherkin, red onion relish Contains: wheat, milk, mustard, sulphur dioxide	€14.00
Roast Nduja Chicken Ciabatta confit garlic aioli, rocket leaves Contains: wheat, eggs, milk, mustard, sulphur dioxide	€15.00
Tuna Mayonnaise pickled sweetcorn, red onion, toasted tomato & fennel bread Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide	€14.00
Chargrilled Vegetable Wrap (V) peppers, courgettes, aubergine, beetroot hummus, crispy chickpeas Contains: wheat, sesame, mustard, sulphur dioxide	€14.00

All sandwiches served with chips or soup & mixed leaf salad All our beef & chicken is 100% Irish & locally sourced



MAINS

10oz Sirloin Steak	€36.00
beef croquette, roast tomato, skinny fries	
choice of peppercorn sauce or garlic butter	
Contains: wheat, eggs, celery, milk, mustard, sulphur dioxide	
7 oz Beef Fillet	€41.00
beef croquette, roast tomato, skinny fries	
choice of peppercorn sauce or garlic butter	
Contains: wheat, eggs, celery, milk, mustard, sulphur dioxide	
Braised Lamb Shoulder	€26.50
pearl cous-cous, rainbow carrots, mint, lamb jus	
Contains: celery, sulphur dioxide, milk	
Pan-fried Sea Bream	€21.00
potato, mussels, samphire, light curry cream sauce, tenderstem broccoli	
Contains: Celery, milk, mustard, Sulphur Dioxide, fish, mollusc	
Fillet of Salmon	€22.00
crushed potatoes, chorizo, peas, asparagus	
Contains: milk, fish, sulphur dioxide	
Grilled Beef Burger	€21.00
Grilled Beef Burger baby gem lettuce, tomato, streaky bacon, smoked cheddar	€21.00
-	€21.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar	€21.00 €21.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard	
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod	
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries	
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide	€21.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide Amritsari Chicken Curry	€21.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide Amritsari Chicken Curry basmati rice, tandoori naan, cucumber & mint raita, pickled red onion	€21.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide Amritsari Chicken Curry basmati rice, tandoori naan, cucumber & mint raita, pickled red onion Contains: gluten, eggs, milk, mustard, nuts, sulphur dioxide	€21.00 €20.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide Amritsari Chicken Curry basmati rice, tandoori naan, cucumber & mint raita, pickled red onion Contains: gluten, eggs, milk, mustard, nuts, sulphur dioxide Peri-Peri Chicken Burger	€21.00 €20.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide Amritsari Chicken Curry basmati rice, tandoori naan, cucumber & mint raita, pickled red onion Contains: gluten, eggs, milk, mustard, nuts, sulphur dioxide Peri-Peri Chicken Burger baby gem lettuce, tomato, spicy mayonnaise, crispy onion	€21.00 €20.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide Amritsari Chicken Curry basmati rice, tandoori naan, cucumber & mint raita, pickled red onion Contains: gluten, eggs, milk, mustard, nuts, sulphur dioxide Peri-Peri Chicken Burger baby gem lettuce, tomato, spicy mayonnaise, crispy onion Contains: wheat, milk, mustard, egg, sesame	€21.00 €20.00 €19.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide Amritsari Chicken Curry basmati rice, tandoori naan, cucumber & mint raita, pickled red onion Contains: gluten, eggs, milk, mustard, nuts, sulphur dioxide Peri-Peri Chicken Burger baby gem lettuce, tomato, spicy mayonnaise, crispy onion Contains: wheat, milk, mustard, egg, sesame Aloo Gobhi Chana Masala (V)	€21.00 €20.00 €19.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide Amritsari Chicken Curry basmati rice, tandoori naan, cucumber & mint raita, pickled red onion Contains: gluten, eggs, milk, mustard, nuts, sulphur dioxide Peri-Peri Chicken Burger baby gem lettuce, tomato, spicy mayonnaise, crispy onion Contains: wheat, milk, mustard, egg, sesame Aloo Gobhi Chana Masala (V) basmati rice, charred poppadom, mango chutney, pickled red onion	€21.00 €20.00 €19.00
baby gem lettuce, tomato, streaky bacon, smoked cheddar Contains: wheat, milk, mustard Tempura Battered Cod crushed marrowfat peas, chunky tartare sauce, skinny fries Contains: wheat, eggs, milk, mustard, fish, sulphur dioxide Amritsari Chicken Curry basmati rice, tandoori naan, cucumber & mint raita, pickled red onion Contains: gluten, eggs, milk, mustard, nuts, sulphur dioxide Peri-Peri Chicken Burger baby gem lettuce, tomato, spicy mayonnaise, crispy onion Contains: wheat, milk, mustard, egg, sesame Aloo Gobhi Chana Masala (√) basmati rice, charred poppadom, mango chutney, pickled red onion Contains: sulphur dioxide, mustard	€21.00 €20.00 €19.00 €18.00



PIZZAS & SIDES

PIZZAS

SIDES

Pepperoni	€16.50	Skinny Fries (V)	€5.50
pepperoni & mozzarella		Contains: wheat	
Contains: wheat, milk, soya BBQ Chicken	€16.50	Creamy Mash Potato (V) Contains: milk	€5.50
nduja roast chicken, red onion, mozzarella garlic mayonnaise Contains: wheat, milk, soya, mustard, eggs		Sweet Potato Fries (V) Contains: wheat	€7.00
Margherita (V) tomato, basil & mozzarella Contains: wheat, milk, soya	€16.00	Quinoa Salad (V) sundried tomatoes, baby spinach Contains: mustard, sulphur dioxide	€5.50
Vegetarian (V) tomato sauce, chargrilled vegetables, cher tomato, mozzarella Contains: wheat, milk, soya	€16.00 ry	Tender Stem Broccoli & Cauliflower (V) Contains: milk	€5.00
DESSERTS			
			<u> </u>

Sticky Toffee Pudding (V) toffee sauce, gingerbread ice-cream Contains: wheat, eggs, milk	€9.00
Mespil Mess (V) pavlova, mixed berry cream, white chocolate ice-cream Contains: wheat, eggs, milk	€9.00
Passion Fruit Tart (V) lemon curd, raspberries Contains: wheat, eggs, milk	€9.00
Selection of Ice-cream (V) wafer basket & chocolate sauce Contains: wheat, eggs, milk	€7.50
Selection of Cheese (V) wicklow brie, young buck blue, dubliner cheddar	€13.00

Contains: wheat, celery, milk, mustard, sulphur dioxide

