


STARTERS

Arancini Bolognese	12.00
rocket, parmesan Contains: wheat, egg, milk, sulphur dioxide, mustard, celery	
Spicy Buffalo Chicken Wings	13.00/17.00
blue cheese dressing, celery Contains: milk, wheat, mustard, sulphur dioxide, egg, celery	
Mespil Sharing Platter (for 2 sharing)	30.00
irish scampi, arancini, goats cheese bruschetta, buffalo wings Contains: wheat, egg, milk, mustard, sulphur dioxide, crustacean, fish, soy	
Irish Scampi	13.00
samphire, tartar sauce Contains: crustacean, egg, mustard, wheat, sulphur dioxide	
Goats Cheese Bruschetta (VE)	9.00
cherry tomatoes, red onion, balsamic vinegar Contains: milk, wheat, sulphur dioxide, mustard, soy	
Soup of the Day (VE)	8.50
home-made brown bread Contains: celery, milk, wheat	

(PB) = Plant Based

(VE) = Vegetarian

*Please note any allergens with your server.
Gluten Free menus are available upon request.*

All our beef, pork & chicken is 100% Irish & our fish is sustainably sourced.



SALADS

Cumin Roasted Carrot and Chickpea Salad (VE) 16.00

feta, walnuts, lemon dressing, mixed leaves

add warm grilled chicken 6.50

contains: milk, mustard, sulphur dioxide, walnut

Mespil Caesar Salad 16.00

baby gem lettuce, sourdough croutons, bacon, boiled egg, parmesan dressing

add warm grilled chicken 6.50

Contains: wheat, egg, mustard, sulphur dioxide, milk, nuts, hazelnut, walnut, pistachio almonds

Nicoise Salad (VE) 16.00

green beans, olives, baby potatoes, shallot, baby gem, boiled egg, sherry vinaigrette

add warm grilled chicken 6.50

Contains: egg, mustard, sulphur dioxide



SANDWICHES

Served until 5:00 pm

Mespil Toastie 15.00

baked ham, cheddar cheese, ballymaloe relish, sourdough bread

Contains: wheat, milk, mustard, sulphur dioxide

Tomato and Mozzarella Focaccia (VE) 15.00

pesto, rocket

Contains: wheat, milk, cashew, pine nuts, mustard, soy, sesame

Cajun Chicken Panini 15.00

pickled red onion, mayonnaise

Contains: wheat, milk, egg, sulphur dioxide, mustard, soy, sesame

Open Lemon Pepper Tuna Sandwich 15.00

cucumber, avocado, soda bread

Contains: wheat, fish, milk, mustard, sulphur dioxide, egg

All sandwiches served with skinny fries or soup



MAINS

10oz Sirloin Steak	43.00
watercress, sautéed wild mushrooms, potato gratin <i>choice of peppercorn sauce or garlic butter or red wine jus</i> Contains: wheat, egg, milk, celery, sulphur dioxide, soy, mustard	
Roast Chicken Breast	26.00
ragout of spring greens, pearl barley, bacon, confit potato Contains: milk, wheat, barley, sulphur dioxide, celery	
Rajasthani Potato and Mango Curry (PB)	19.00
basmati rice, mint chutney, poppadom, pickled red onion Contains: wheat, mustard, sulphur dioxide	
Fillet of Salmon	22.00
bisque cream, potato gnocchi, tender stem broccoli Contains: fish, milk, crustacean, wheat, egg, sulphur dioxide, celery	
Kaju Chicken Curry	22.00
basmati rice, naan bread, pickled red onion, mango chutney Contains: cashew, mustard, wheat, milk, sulphur dioxide	
Chargrilled 8oz Beef Burger	23.00
sesame seeded bun, bacon, ballymaloe relish, baby gem lettuce, cheddar cheese, tomato Contains: mustard, wheat, egg, milk, sesame, soy	
Chipotle Chicken Burger	22.00
guacamole, cheddar cheese, sweet chilli mayo, sesame seeded bun, baby gem lettuce, tomato Contains: sulphur dioxide, sesame, egg, wheat, mustard, milk, soy	
Fish and Chips	22.00
minted pea puree, chunky tartar sauce, lemon Contains: wheat, fish, egg, milk, mustard, sulphur dioxide	
Pasta of the Day (VE)	18.00
For Allergens, Please see daily special	



PIZZAS & SIDES

PIZZAS

Pepperoni

pepperoni, mozzarella, tomato sauce

Contains: wheat, milk, soy, sesame, mustard

17.00

Margherita (VE)

basil, mozzarella, tomato sauce

Contains: wheat, milk, soy, sesame, mustard

17.00

SIDES

Creamy Mashed Potato (VE)

Contains: wheat, milk

5.50

Sweet Potato Fries (VE)

Contains: wheat

7.00

Mixed Leaf Salad (PB)

Contains: mustard, sulphur dioxide

5.00

Skinny Fries (VE)

Contains: wheat

5.50



DESSERTS

Basque Style Burnt Cheesecake (VE)	9.50
strawberry compote Contains: milk, egg, wheat	
Dark Chocolate Fondant (VE)	9.50
vanilla ice-cream Contains: wheat, egg, milk, sulphur dioxide	
Ice-cream Sundae (VE)	9.50
wafer, crushed oreos, raspberry sauce and marshmallow Contains: wheat, milk, soy, nuts	
Mespil Cheese Board (VE)	13.00
wicklow brie, young buck blue, cheddar Contains: wheat, celery, milk, mustard, sulphur dioxide	