

Prices listed are per person

Savoury

Soup of the Day (2)	€6.80
Smoked Salmon on brown bread with lemon dressing (1,Wheat,3,4,5,13)	€5.75
Roast Chicken Salad Sandwich on Ciabatta bread (1,Wheat,3,4)	€5.75
Open Tuna Salad Sandwich mixed leaves, cucumber & pickles onion on Sourdough Bread (1,Wheat,4,10,13)	€5.75
Cheese, Tomato,and Cucumber served on white bread (1,wheat,3,4)	€4.70
Caesar Salad with baby gem leaves, bacon, croutons, aged parmesan & caesar dressing (1,wheat,3,4,10)	€7.80
Orzo Salad (V) basil pesto, sundried tomato, olives, grilled courgette, baby spinach, feta (5,7,13)	€7.80

Sweet

Healthy Smoothie (4)	€1.60
Mini Fruit Salad	€2.35
Granola Jar Greek Yoghurt,Berry Compote & Granola (1,wheat,3,4,7,9)	€2.50
Selection of Mini Pastries (1,wheat,3,4)	€2.30
Fruit Scones with Lemon Curd (1,wheat,3,4)	€2.50
Chocolate Torsade (1,wheat,3,4)	€2.30
Blueberry Crumble Muffin (1,wheat,3,4)	€3.10
Carrot Cake (1,wheat,3,4)	€2.30
Caramel Pecan Brownie (1,wheat,3,4,9)	€2.30
Toffee Crisp (1,wheat,3,4)	€2.30
Selection of Cupcakes (1,wheat,3,4)	€2.30

Fruit Bowl available on request

Gluten Free

All Sandwiches served on Gluten Free White or Brown Bread
(price & allergens as above excluding 1,wheat)

Fruit Scones (3,4)	€2.50
Selection of Mini Pastries (3,4)	€2.30
Blueberry Crumble Muffin (3,4)	€3.10
Flapjack (3,4)	€2.30
Pecan Brownie (3,4,9)	€2.30

ALLERGEN INDEX

1 Gluten , 2 Celery,3 Eggs, 4 Milk, 5 Mustard, 6 Soya, 7 Sesame, 8 Peanuts, 9 Nuts, 10 Fish, 11 Crustacean 12 Mollusc, 13 Sulphur Dioxide, 14 Lupin,
(V) Vegetarian Friendly Option
(VE) Vegan Friendly Option



MESPIL HOTEL

ON THE CANAL ★★☆☆

Refreshments in the Boardroom

Tea/Coffee/Infusion Tea

€4.00 per person

Tea/Coffee/Infusion Tea & Biscuits

€5.20 per person

On Arrival

€8.85 per person

Healthy Smoothie

Selection of Pastries

Granola Jar - Greek Yoghurt, Berry Compote, Granola

Bowl of Fresh Fruit

(includes Tea/Coffee)

Morning Break

€8.30 per person

Choose 2

Fruit Scones with Lemon Curd

Chocolate Torsade

Blueberry Crumble Muffin

(includes Tea/Coffee)

Working Lunch Break

€18.75 per person

Soup of the Day

Plus (Choose 3)

Smoked Salmon on Brown Bread, Lemon Dressing

Roast Chicken Salad Sandwich on Ciabatta Bread

Open Tuna Salad Sandwich, Mixed Leaves, Cucumber & Pickled Onion on Sourdough Bread

Cheese, Tomato, and Cucumber on White Bread

Mini Fruit Salad

Carrot Cake

(includes Tea/Coffee)

Afternoon Break

€8.85 per person

Choose 2

Caramel Pecan Brownie

Passion Fruit Tart

Selection of Cupcakes

(includes Tea/Coffee)