

STARTERS MAINS

Soup of the Day \bigcirc

€6.50

Home-made brown bread (contains1-wheat, 2,3,7,14)

Smoked Salmon

€9.50

Pickled cucumber, red onion, rocket leaves, honey mustard dressing, home-made brown bread (contains1 wheat 5,10)

Spicy Chicken Wings

Starter €8.00

Blue cheese dip & celery sticks

(contains 1-wheat, 2, 3, 4, 5)

Main

€16.00

Mespil Caesar Salad V €7.50 Main €10.50 with Grilled Chicken

€12.00 Main €15.00

Baby gem lettuce, croutons, parmesan cheese, classic Caesar dressing (contains 1- wheat, barley, rye 2,3,4,5,6,10)

Goats Cheese Salad V Von request €7.50 Main €14.50 Sweet potato, pickled beetroot, walnuts, radish, mixed leaves, hazelnut dressing (contains 4,5,9)

PIZZAS (12 inch)

Meat Lover Chicken, chorizo, ham, mozzarella, BBQ sauce (contains 1-wheat 4,13,14)	€16.50
Margherita ♥ Tomato, basil, mozzarella (contains 1-wheat, 4)	€15.50
Italian Salami, olives, dried oregano, mozzarella (contains 1-wheat 4,13)	€16.50

Chunky Chips (contains1- wheat)	€4.50
Side Salad (contains 5)	€4.50
Buttered vegetables (contains 4)	€4.50
Mashed potato (contains 4)	€4.50

2 Course Meal Special - €25.00

Choose from any of the above items Steak Supplement + €9.00

Grilled Irish Beef Burger

€16.50

Baby gem lettuce, beef tomato, Monterey Jack cheese, bacon, home-made tomato relish & chunky chips (contains 1-wheat, 3, 4)

BBQ Chicken Burger

€15.00

Chargrilled chicken breast, BBQ sauce, baby gem lettuce, beef tomato, peri peri coleslaw & chunky chips (contains 1-wheat, 3,4,14)

Fish & Chips

€16.00

Beer battered fillet of hake, pea puree, tartare sauce & chunky chips (contains 1-wheat, 3,5,10)

Madras Curry V V Chicken €16.50/Vegetarian €15.50 Served with basmati rice, naan bread & cucumber riata (contains 1-wheat, 4, 14)

Penne Pasta Arrabiata V V on request

€14.50

Rocket & parmesan cheese (contains 1-wheat, 3,4)

Braised Beef Cheeks

€17.50

Mushroom, bacon & pearl onion ragout with mashed potato (contains 2,3,4,13)

Seared Fillet of Salmon

€16.50

Fennel, asparagus, clams, chive cream sauce & fondant potato (contains 4,5,10,13)

Grilled Sirloin Steak

€26.00

Roast cherry tomato, flat cap mushroom, watercress, choice of garlic butter or pepper sauce & chunky chips (contains 2,4,13,14)

DESSERTS

Selection of Ice Cream (contains 3,4)

€6.00

In a brandy snap basket

Chocolate & Caramel Mousse

€6.50

Whipped cream & strawberries (contains 1- wheat, 3,4)

Lemon Tart (contains 1-wheat 3,4)

€6.00

With raspberry ice cream

ALLERGEN INDEX

1 = Gluten, 2 = Celery, 3 = Eggs, 4 = Milk, 5 = Mustard, 6 = Soya, 7 = Sesame, 8 = Peanuts, 9 = Nuts, 10 = Fish, 11 = Crustacean, 12 = Mollusc, 13 = Sulphur Dioxide, 14 = Lupin