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# HOT DRINKS

## TEA

Herbal Teas 4.20

Irish Breakfast Tea 3.80

## COFFEE

Espresso 3.70

Double Espresso 4.20

Americano 4.20

Latte 4.50

Cappuccino 4.50

Macchiato 4.00

Flat White 4.50

Hot Chocolate 4.50

*We use Eighty9® Irish roasted Coffee. Eighty9® have been roasting coffee in Ireland since 1989.*

Pastries 3.20

Assorted pastries available,  
please ask team member

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# LUNCH

From 12:00pm – 3:00pm

**Spicy Buffalo Chicken Wings** 13.00/17.00

blue cheese dressing, celery

Contains: milk, wheat, mustard, sulphur dioxide, egg

**Soup of the Day (VE)** 8.50

homemade brown bread

Contains: wheat, celery, milk

**Kaju Chicken Curry** 22.00

basmati rice, naan bread, pickled red onion,  
mango chutney

Contains: cashew, mustard, wheat, milk, sulphur dioxide

**Pasta of the Day (VE)** 18.00

For Allergens, Please see daily special

**Chipotle Chicken Burger** 24.00

guacamole, cheddar cheese, sweet chilli mayo, sesame  
seeded bun, baby gem lettuce, tomato

Contains: sulphur dioxide, sesame, egg, wheat, mustard, milk, soy

## SANDWICHES

*Served until 5:00pm*

**Mespil Toastie** 15.00

baked ham, cheddar cheese, ballymaloe relish,  
sourdough bread

Contains: wheat, milk, mustard, sulphur dioxide

**Tomato and Mozzarella Focaccia (VE)** 15.00

pesto, rocket

Contains: wheat, milk, cashew, pine nuts, mustard, soy, sesame, egg

**Cajun Chicken Panini** 15.00

pickled red onion, mayonnaise

Contains: wheat, milk, egg, sulphur dioxide, mustard, soy, sesame

**Open Lemon Pepper Tuna Sandwich** 15.00

cucumber, avocado, soda bread

Contains: wheat, fish, milk, mustard, sulphur dioxide, egg

**All sandwiches served with skinny fries or soup**

## SALADS

**Cumin Roasted Carrot & Chickpea Salad (VE)** 16.00

feta, walnuts, lemon dressing, mixed leaves

*add warm grilled chicken 6.50*

contains: milk, mustard, sulphur dioxide, walnut

**Mespil Caesar Salad** 16.00

baby gem lettuce, sourdough croutons, bacon, boiled egg,  
parmesan dressing

*add warm grilled chicken 6.50*

Contains: wheat, egg, mustard, sulphur dioxide, milk, nuts, hazelnut, walnut,  
pistachio almonds

**Nicoise Salad (VE)** 16.00

green beans, olives, baby potatoes, shallot, baby gem, boiled  
egg, sherry vinaigrette

*add warm grilled chicken 6.50*

Contains: egg, mustard, sulphur dioxide

**Dessert menu available upon request**

*Please note any allergens with your server.  
Gluten Free menus are available upon request.*

(PB) = Plant Based

(VE) = Vegetarian

*All our beef, pork & chicken is 100% Irish &  
our fish is sustainably sourced.*



# COFFEE & LUNCH MENU