

HOT DRINKS

TEA

Herbal Teas	4.20
Irish Breakfast Tea	3.80

COFFEE

Espresso	3.70
Double Espresso	4.20
Americano	4.20
Latte	4.50
Cappuccino	4.50
Macchiato	4.00
Flat White	4.50
Hot Chocolate	4.50

We use Eighty9® Irish roasted Coffee. Eighty9® have been roasting coffee in Ireland since 1989.

Pastries	3.20
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Assorted pastries available,
please ask team member

LUNCH

From 12:00pm – 3:00pm

Spicy Buffalo Chicken Wings	13.00/17.00
blue cheese dressing, celery	
Contains: milk, wheat, mustard, sulphur dioxide, egg	

Soup of the Day (VE)	8.50
homemade brown bread	
Contains: wheat, celery, milk	

Kaju Chicken Curry	22.00
basmati rice, naan bread, pickled red onion, mango chutney	
Contains: cashew, mustard, wheat, milk, sulphur dioxide	

Pasta of the Day (VE)	18.00
For Allergens, Please see daily special	

Chipotle Chicken Burger	24.00
sesame seeded bun, bacon, ballymaloe relish, baby gem lettuce, cheddar cheese.	
Contains: mustard, wheat, egg, milk, sesame, soy	

SANDWICHES

Served until 5:00pm

Mespil Toastie	15.00
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baked ham, and cheddar cheese, ballymaloe relish, sourdough bread
Contains: wheat, milk, mustard, sulphur dioxide

Tomato and Mozzarella Focaccia (VE)	15.00
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pesto mayonnaise, rocket
Contains: wheat, milk, cashew, pine nuts, mustard, soy, sesame. egg

Cajun Chicken Panini	15.00
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pickled red onion, mayonnaise
Contains: wheat, milk, eggs, sulphur dioxide, mustard, soya

Open Lemon Pepper Tuna Sandwich	15.00
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cucumber, avocado, soda bread
Contains: wheat, fish, milk, mustard, sulphur dioxide

All sandwiches served with skinny fries or soup

SALADS

Cumin Roasted Carrot & Chickpea Salad (VE)	16.00
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feta, walnuts, lemon dressing, mixed leaves
add warm grilled chicken 6.50
contains: milk, mustard, sulphur dioxide, walnut

Mespil Caesar Salad	16.00
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baby gem lettuce, sourdough croutons, bacon, boiled egg, parmesan dressing
add warm grilled chicken 6.50
Contains: wheat, egg, mustard, sulphur dioxide, milk, nuts, hazelnut, walnut, pistachio almonds

Nicoise Salad (VE)	16.00
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green beans, olives, baby potatoes, shallot, baby gem, boiled egg, sherry vinaigrette
add warm grilled chicken 6.50
Contains: eggs, mustard, sulphur dioxide

Dessert menu available upon request

Please note any allergens with your server.
Gluten Free menus are available upon request.

(PB) = Plant Based

(VE) = Vegetarian

All our beef, pork & chicken is 100% Irish
& our fish is sustainably sourced.



COFFEE & LUNCH MENU