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# STARTERS

<b>Arancini Bolognese</b>	12.00
rocket, parmesan Contains: wheat, egg, milk, sulphur dioxide, mustard, celery	
<b>Spicy Buffalo Chicken Wings</b>	13.00/17.00
blue cheese dressing, celery Contains: milk, wheat, mustard, sulphur dioxide, egg, celery	
<b>Irish Smoked Salmon Roulade</b>	12.50
cream cheese, beetroot, dill Contains: fish, milk, sulphur dioxide, mustard	
<b>Mespil Sharing Platter (for 2 sharing)</b>	30.00
irish scampi, Arancini, Punjabi samosa, Buffalo wings Contains: wheat, egg, milk, mustard, sulphur dioxide, crustacean, fish, peanut	
<b>Irish Scampi</b>	13.00
samphire, tartar sauce Contains: crustacean, egg, mustard, wheat, sulphur dioxide	
<b>Goats Cheese Bruschetta (VE)</b>	9.00
cherry tomatoes, red onion, balsamic vinegar Contains: milk, wheat, sulphur dioxide, mustard, nuts, soy	
<b>Home-made Punjabi Potato &amp; Pea Samosa (PB)</b>	10.00
mint green chutney, tamarind chutney and pickled onions Contains: wheat, milk, sulphur, mustard, peanuts, nuts, soy	
<b>Soup of the Day (VE)</b>	8.50
home-made brown bread Contains: celery, milk, wheat	

(PB) = Plant Based

(VE) = Vegetarian

*Please note any allergens with your server.  
Gluten Free menus are available upon request.*

*All our beef, pork & chicken is 100% Irish & our fish is sustainably sourced.*

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# SALADS

**Cumin Roasted Carrot and Chickpea Salad (VE)** 16.00

feta, walnuts, lemon dressing, mixed leaves

*add warm grilled chicken 6.50*

contains: milk, mustard, sulphur dioxide, walnut

**Mespil Caesar Salad** 16.00

baby gem lettuce, sourdough croutons, bacon, boiled egg, parmesan dressing

*add warm grilled chicken 6.50*

Contains: wheat, egg, mustard, sulphur dioxide, milk, nuts, hazelnut, walnut, pistachio almonds

**Nicoise Salad (VE)** 16.00

green beans, olives, baby potatoes, shallot, baby gem, boiled egg, sherry vinaigrette

*add warm grilled chicken 6.50*

Contains: egg, mustard, sulphur dioxide

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# SANDWICHES

*Served until 5:00 pm*

**Mespil Toastie** 15.00

baked ham, cheddar cheese, ballymaloe relish, sourdough bread

Contains: wheat, milk, mustard, sulphur dioxide

**Tomato and Mozzarella Focaccia (VE)** 15.00

pesto, rocket

Contains: wheat, milk, cashew, pine nuts, mustard, soy, sesame

**Cajun Chicken Panini** 15.00

pickled red onion, mayonnaise

Contains: wheat, milk, egg, sulphur dioxide, mustard, soy, sesame

**Open Lemon Pepper Tuna Sandwich** 15.00

cucumber, avocado, soda bread

Contains: wheat, fish, milk, mustard, sulphur dioxide, egg

***All sandwiches served with skinny fries or soup***



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# MAINS

<b>10oz Sirloin Steak</b>	43.00
yorkshire pudding, sautéed wild mushrooms, potato gratin <i>choice of peppercorn sauce or garlic butter or red wine jus</i> Contains: wheat, egg, milk, celery, sulphur dioxide, soy	
<b>Slow Braised Beef Cheek</b>	31.00
parsnip puree, roast carrots, garlic crumb Contains: wheat, milk, celery, sulphur dioxide	
<b>Roast Chicken Breast</b>	26.00
ragout of spring greens, pearl barley, bacon, confit potato Contains: milk, wheat, barley, sulphur dioxide, celery	
<b>Roast Fillet of Cod</b>	28.00
potato croquette, sautéed spinach and samphire, cherry tomato dressing Contains: wheat, fish, egg, milk, sulphur dioxide	
<b>Rajasthani Potato and Mango Curry (PB)</b>	19.00
basmati rice, mint chutney, poppadom, pickled red onion Contains: wheat, mustard, sulphur dioxide	
<b>Fillet of Salmon</b>	22.00
bisque cream, potato gnocchi, tender stem broccoli Contains: fish, milk, crustacean, wheat, egg, sulphur dioxide, celery	
<b>Kaju Chicken Curry</b>	22.00
basmati rice, naan bread, pickled red onion, mango chutney Contains: cashew, mustard, wheat, milk, sulphur dioxide	
<b>Chargrilled 8oz Beef Burger</b>	23.00
sesame seeded bun, bacon, ballymaloe relish, baby gem lettuce, cheddar cheese, tomato Contains: mustard, wheat, egg, milk, sesame, soy	
<b>Chipotle Chicken Burger</b>	22.00
guacamole, cheddar cheese, sweet chilli mayo, sesame seeded bun, baby gem lettuce, tomato Contains: sulphur dioxide, sesame, egg, wheat, mustard, milk, soy	
<b>Fish and Chips</b>	22.00
minted pea puree, chunky tartar sauce, charred lemon Contains: wheat, fish, egg, milk, mustard, sulphur dioxide	
<b>Mespil Pie</b>	24.00
See server for details	
<b>Pasta of the Day (VE)</b>	18.00
For Allergens, Please see daily special	

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# PIZZAS & SIDES

## PIZZAS

<b>Pepperoni</b>	17.00
pepperoni, mozzarella, tomato sauce Contains: wheat, milk, soy, sesame, mustard	
<b>Buffalo Chicken</b>	17.00
spicy chicken, blue cheese dressing, mozzarella cheese, tomato sauce Contains: wheat milk, soy, sesame, mustard, sulphur dioxide, egg	
<b>Margherita (VE)</b>	17.00
basil, mozzarella, tomato sauce Contains: wheat, milk, soy, sesame, mustard	

## SIDES

<b>Sauteed Leek and Wild Mushrooms (VE)</b>	5.50
Contains: wheat, milk	
<b>Creamy Mashed Potato (VE)</b>	5.50
Contains: wheat, milk	
<b>Sweet Potato Fries (VE)</b>	7.00
Contains: wheat	
<b>Mixed Leaf Salad (PB)</b>	5.00
Contains: mustard, sulphur dioxide	
<b>Skinny Fries (VE)</b>	5.50
Contains: wheat	

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# DESSERTS

**Basque Style Burnt Cheesecake (VE)** 9.50

strawberry compote

Contains: milk, egg, wheat

**Banoffee Parfait (VE)** 9.50

dulce de leche, caramelized banana, peanuts

Contains: wheat, milk, egg, soy, peanuts

**Dark Chocolate and Cherry Fondant (VE)** 9.50

cherry anglaise

Contains: wheat, egg, milk, sulphur dioxide

**Ice-cream Sundae (VE)** 9.50

wafer, crushed oreos, raspberry sauce and marshmallow

Contains: wheat, milk, soy, nuts

**Mespil Cheese Board (VE)** 13.00

wicklow brie, young buck blue, cheddar

Contains: wheat, celery, milk, mustard, sulphur dioxide