
STARTERS

Spiced Falafel (PB) 9.00

butternut squash hummus, pickled red onion, beetroot

Contains: wheat, sulphur dioxide, mustard, sesame

Chipotle and Lime BBQ Sauce Chicken Wings 13.00/17.00

ranch dressing, celery

Contains: wheat, mustard, egg, celery, sulfur dioxide, milk

Potted Smoked Salmon 12.00

lemon oil, sourdough crostini, preserved lemon, pickled cucumber

Contains: milk, fish, wheat, sulphur dioxide, mustard

Mespil Sharing Platter (for 2 sharing) 32.00

Chipotle and lime bbq chicken wings, lamb croquettes, pork belly bites, spiced falafel

Contains: wheat, egg, milk, sulphur dioxide, soy, mustard, celery, sesame

SMALL PLATES

Moroccan Spiced Lamb Shoulder Croquettes 12.00

beetroot, lemon yoghurt

Contains: celery, sulphur dioxide, milk, egg, wheat, mustard, sesame

Prawn and Chorizo Pil Pil 12.00

charred sourdough bread

Contains: wheat, milk, crustacean

Soy Glazed Pork Belly Bites 11.00

pickled cucumber and radish

Contains: soy, celery, sulphur dioxide, sesame

Soup of the Day (VE) 8.50

home-made brown bread

Contains: celery, milk, wheat

(PB) = Plant Based

(VE) = Vegetarian

*Please note any allergens with your server.
Gluten Free menus are available upon request.*

All our beef, pork & chicken is 100% Irish & our fish is sustainably sourced.

SALADS

Roast Turmeric Cauliflower Salad (VE)

16.00

spinach, sweetcorn, feta, lemon yoghurt dressing, pumpkin seeds

add warm grilled chicken 6.50

contains: milk

Mespil Caesar Salad

16.00

baby gem lettuce, sourdough croutons, bacon, boiled egg, parmesan dressing

add warm grilled chicken 6.50

Contains: wheat, egg, mustard, sulphur dioxide, milk, nuts, hazelnut, walnut, pistachio almonds

Autumn Vegetable Salad (PB)

16.00

rainbow carrots, courgettes, broccoli, black olives, mixed leaf,

cider vinegar dressing

add warm grilled chicken 6.50

Contains: mustard, sulphur dioxide

SANDWICHES

Served until 5:00 pm

Mespil Toastie

15.00

monterey jack cheese, baked ham, ballymaloe relish, sourdough bread

Contains: wheat, milk, mustard, sulphur dioxide

Spiced Falafel (VE)

15.00

pitta bread, lemon yoghurt, mixed leaf, cucumber, tomato

Contains: milk, wheat, mustard, sulphur dioxide, sesame

House Hot-Smoked Salmon

16.00

home-made brown bread, preserved lemon

Contains: wheat, milk, fish, sulphur dioxide, mustard

Salami and Chorizo Ciabatta

15.00

toasted ciabatta, salami, chorizo, sauerkraut, russian dressing, rocket

Contains: wheat, egg, mustard, sulphur dioxide, fish, spelt, kamut

All sandwiches served with skinny fries or soup

MAINS

8oz Sirloin Steak	36.00
onion rings, tender-stem broccoli, skinny fries, <i>choice of peppercorn sauce or garlic butter</i>	
Contains: wheat, milk, celery, sulphur dioxide	
Roast Barberry Duck Breast	35.00
duck leg croquette, fondant potato, cavelo nero, cherry red wine sauce	
Contains: milk, sulphur dioxide, celery, wheat, egg	
Supreme of Manor Farm Chicken	26.00
roast parsnip puree, tender-stem broccoli, potato fondant, chicken velouté	
Contains: milk, celery, wheat	
Pan-Fried Hake	25.00
coco bean and tomato ragout, olive tapenade	
Contains: fish, celery, sulphur dioxide	
Punjabi Chole (PB)	18.00
Punjabi Chole basmati rice, mint chutney, pickled red onion, fried Indian bread	
Contains: mustard, sulphur dioxide, wheat	
Teriyaki Salmon	23.00
asian stir-fry egg noodles, charred pak choi	
Contains: soy, sesame, fish, wheat, sulphur dioxide, egg	
Chicken Chettinad	22.00
basmati rice, mango chutney, naan, pickled red onion	
Contains: mustard, wheat, milk, sulphur dioxide, sesame	
Gourmet Beef Burger	23.00
sesame seeded bun, bacon, ballymaloe relish, baby gem, tomato, skinny fries	
Contains: wheat, milk, egg, sesame, soy, mustard	
Chargrilled Chicken Burger	22.00
sesame seeded bun, lemon pepper, ranch dressing, baby gem, tomato, skinny fries	
Contains: wheat, milk, egg, sesame, soy	
Beer Battered Fish and Chips	22.00
pea puree, tartar sauce, skinny fries	
Contains: wheat, fish, egg, milk, sulphur dioxide	
Pasta of the Day (VE)	18.00
For Allergens, Please see daily special	

PIZZAS & SIDES

PIZZAS

Pepperoni	16.00
pepperoni, mozzarella, tomato sauce	
Contains: wheat, milk, soy, sesame, mustard	
Spicy Mespil Pizza	16.00
hot honey, feta cheese, roast red pepper	
Contains: wheat, milk, soy, sesame, mustard	
Margherita (VE)	15.00
basil, mozzarella, tomato sauce	
Contains: wheat, milk, soy, sesame, mustard, sulphur dioxide	

SIDES

Roasted Carrots and Courgettes (VE)	4.50
pumpkin seeds	
Contains: milk	
Crushed Baby Boiled Potatoes (VE)	5.00
Contains: milk	
Sweet Potato Fries (VE)	7.00
Contains: wheat	
Leafy Salad (VE)	4.00
cherry tomato, black olive and feta	
Contains: mustard, sulphur dioxide, milk	
Skinny Fries (VE)	5.50
Contains: wheat	



DESSERTS

Warm Sticky Toffee Pudding (VE) caramel sauce, vanilla ice-cream Contains: milk, egg, nuts	9.50
Apple And Blackberry Crumble (VE) vanilla custard Contains: wheat, milk, egg	9.00
Orange And Ginger Parfait (VE) raspberry, mango coulis Contains: wheat, egg, milk	9.50
Selection of Ice-cream (VE) wafer basket, chocolate sauce, sprinkles, marshmallows Contains: wheat, milk, eggs, soy	8.50
Mespil Cheese Board (VE) wicklow brie, young buck blue, cheddar Contains: wheat, celery, milk, mustard, sulphur dioxide	13.00