STARTERS

Spiced Falafel (PB) 9.00
butternut squash hummus, pickled red onion, beetroot
Contains: wheat, sulphur dioxide, mustard, sesame

Chipotle and Lime BBQ Sauce Chicken Wings 13.00/17.00
ranch dressing, celery
Contains: wheat, mustard, egg, celery, sulfur dioxide, milk

Potted Smoked Salmon 12.00
sourdough crostini, preserved lemon, pickled cucumber
Contains: milk, fish, wheat, sulphur dioxide, mustard

Mespil Sharing Platter *(for 2 sharing)* 32.00
chipotle and lime bbq chicken wings, lamb croquettes, pork belly bites, spiced falafel
Contains: wheat, egg, milk, sulphur dioxide, soy, mustard, celery, sesame

SMALL PLATES

Moroccan Spiced Lamb Shoulder Croquettes 12.00
beetroot, lemon yoghurt
Contains: celery, sulphur dioxide, milk, egg, wheat, mustard, sesame

Prawn and Chorizo Pil Pil 12.00
charred sourdough bread
Contains: wheat, milk, crustacean

Soy Glazed Pork Belly Bites 11.00
pickled cucumber and radish
Contains: wheat, soy, celery, sulphur dioxide, sesame

Soup of the Day (VE) 8.50
home-made brown bread
Contains: celery, milk, wheat

(PB) = Plant Based (VE) = Vegetarian

Please note any allergens with your server.
Gluten Free menus are available upon request.

All our beef, pork & chicken is 100% Irish & our fish is sustainably sourced.

SALADS

Roast Turmeric Cauliflower Salad (VE) 16.00
spinach, sweetcorn, feta, lemon yoghurt dressing, pumpkin seeds
add warm grilled chicken 6.50
contains: milk

Mespil Caesar Salad 16.00
baby gem lettuce, sourdough croutons, bacon, boiled egg, parmesan dressing
add warm grilled chicken 6.50
Contains: wheat, egg, mustard, sulphur dioxide, milk, nuts, hazelnut, walnut, pistachio almonds

Autumn Vegetable Salad (PB) 16.00
rainbow carrots, courgettes, broccoli, black olives, mixed leaf,
cider vinegar dressing
add warm grilled chicken 6.50
Contains: mustard, sulphur dioxide

SANDWICHES

Served until 5:00 pm

Mespil Toastie 15.00
monterey jack cheese, baked ham, ballymaloe relish, sourdough bread
Contains: wheat, milk, mustard, sulphur dioxide

Spiced Falafel (VE) 15.00
pitta bread, lemon yoghurt, mixed leaf, cucumber, tomato
Contains: milk, wheat, mustard, sulphur dioxide, sesame

House Hot-Smoked Salmon 16.00
home-made brown bread, preserved lemon
Contains: wheat, milk, fish, sulphur dioxide, mustard

Salami and Chorizo Ciabatta 15.00
toasted ciabatta, salami, chorizo, sauerkraut, russian dressing, rocket
Contains: wheat, egg, mustard, sulphur dioxide, fish, spelt, kamut

All sandwiches served with skinny fries or soup

MAINS

8oz Sirloin Steak 36.00

onion rings, tender-stem broccoli, skinny fries,

choice of peppercorn sauce or garlic butter

Contains: wheat, milk, celery, sulphur dioxide

Roast Barberry Duck Breast 35.00

duck leg croquette, fondant potato, cavelo nero, cherry red wine sauce

Contains: milk, sulphur dioxide, celery, wheat, egg

Supreme of Manor Farm Chicken 26.00

roast parsnip puree, tender-stem broccoli, potato fondant, chicken velouté

Contains: milk, celery, wheat

Pan-Fried Hake 25.00

coco bean and tomato ragout, olive tapenade

Contains: fish, celery, sulphur dioxide

Punjabi Chole (PB) 18.00

basmati rice, mint chutney, pickled red onion, fried Indian bread

Contains: mustard, sulphur dioxide, wheat

Teriyaki Salmon 23.00

asian stir-fry egg noodles, charred pak choi

Contains: soy, sesame, fish, wheat, sulphur dioxide, egg

Chicken Chettinad 22.00

basmati rice, mango chutney, naan, pickled red onion

Contains: mustard, wheat, milk, sulphur dioxide, sesame

Gourmet Beef Burger 23.00

sesame seeded bun, bacon, ballymaloe relish, cheddar cheese, baby gem, tomato, skinny fries

Contains: wheat, milk, egg, sesame, soy, mustard

Chargrilled Chicken Burger 22.00

sesame seeded bun, lemon pepper, ranch dressing, baby gem, tomato, skinny fries

Contains: wheat, milk, egg, sesame, soy

Beer Battered Fish and Chips 22.00

pea puree, tartar sauce, skinny fries

Contains: wheat, fish, egg, milk, sulphur dioxide

Pasta of the Day (VE) 18.00

For Allergens, Please see daily special

PIZZAS & SIDES

PIZZAS

Pepperoni 16.00
pepperoni, mozzarella, tomato sauce
Contains: wheat, milk, soy, sesame, mustard

Spicy Mespil Pizza 16.00
hot honey, feta cheese, roast red pepper
Contains: wheat, milk, soy, sesame, mustard

Margherita (VE) 15.00
basil, mozzarella, tomato sauce
Contains: wheat, milk, soy, sesame, mustard, sulphur dioxide

SIDES

Roasted Carrots and Courgettes (VE) 4.50
pumpkin seeds
Contains: milk

Crushed Baby Boiled Potatoes (VE) 5.00
Contains: milk

Sweet Potato Fries (VE) 7.00
Contains: wheat

Leafy Salad (VE) 4.00
cherry tomato, black olive and feta
Contains: mustard, sulphur dioxide, milk

Skinny Fries (VE) 5.50
Contains: wheat

DESSERTS

Warm Sticky Toffee Pudding (VE) 9.50
caramel sauce, vanilla ice-cream
Contains: milk, egg, nuts

Apple And Blackberry Crumble (VE) 9.00
vanilla custard
Contains: wheat, milk, egg

Orange And Ginger Parfait (VE) 9.50
raspberry, mango coulis
Contains: wheat, egg, milk

Selection of Ice-cream (VE) 8.50
wafer basket, chocolate sauce, sprinkles, marshmallows
Contains: wheat, milk, eggs, soy

Mespil Cheese Board (VE) 13.00
wicklow brie, young buck blue, cheddar
Contains: wheat, celery, milk, mustard, sulphur dioxide