

# STARTERS

## Garlic Parmesan and Chilli Chicken Wings

€12.00/€16.00

chive and crème fraîche dressing, celery sticks

Contains: mustard, egg, celery, wheat, milk

## Papri Chaat (VE)

€8.50

crispy-fried wafers, chickpeas, potatoes, tamarind chutney, yoghurt, and chaat spices

Contains: wheat, mustard, milk

## Soup of the Day (PB)

€8.50

homemade brown bread

Contains: wheat, celery, milk

# MAINS

## Blackened Cod Taco

€22.00

honey and lime slaw, avocado, spicy taco sauce

Contains: milk, fish, celery, sulphur dioxide, egg, mustard, wheat

## Katsu Curry Fried Chicken Burger

€21.00

brioche bun, baby gem, rainbow slaw, pickled cucumber, katsu curry mayo, skinny fries

Contains: wheat, milk, celery, sulphur dioxide, mustard, egg, sesame

## Pasta of the Day (VE)

€17.00

For Allergens, Please see daily special

## Vegan Dal Makhani (PB)

€19.00

charred poppadom, mango chutney, steamed basmati rice, pickled red onion

Contains: sulphur dioxide, mustard, celery

# SANDWICHES

## Mespil Toastie

€16.00

smoked ham, cheddar cheese, emmental cheese, honey mustard dressing on ciabatta

Contains: wheat, milk, mustard

## Italian Salami Bagel

€16.00

salami, mortadella, red pepper, provolone cheese, rocket

Contains: wheat, milk, mustard, sulphur dioxide, sesame

## Cajun Turkey Wrap

€15.00

spinach, sundried tomato pesto, red onion

Contains: wheat, milk, pine nuts, mustard

## Vegan Quesadilla (PB)

€14.00

sweetcorn, vegan mozzarella, spiced sweet potato,

vegan garlic mayo

Contains: wheat, mustard

## Asian Pulled Pork Sandwich

€17.50

brioche bun, kimchi and sriracha mayo

Contains: egg, sulphur dioxide, mustard, soy, peanuts, fish, milk, wheat

# SALADS

## Mespil Caesar Salad

€15.00

baby gem lettuce, sourdough croutons,

bacon, parmesan dressing, boiled egg

*add warm grilled chicken €6.00*

Contains: wheat, eggs, milk, mustard, sulphur dioxide, walnut, pistachio, almond

## Baby Spinach Salad (PB)

€15.00

sweet potato, apple, walnut, chilli lemon dressing

*add warm grilled chicken €6.00*

contains: sulphur dioxide, walnut, mustard

## Mediterranean Salad (VE)

€15.00

chickpeas, cucumber, cherry tomato, feta, black olive,

oregano, sherry dressing

*add warm grilled chicken €6.00*

Contains: mustard, sulphur dioxide, milk

All sandwiches served with chips or soup & mixed leaf salad

Dessert menu available upon request

Please note any allergens with your server. Plant Based and Gluten Free menus are available upon request.

All our beef, lamb, ham & chicken is 100% Irish & our fish is sustainably sourced