

STARTERS

Peri-Peri Chicken Wings

13.00/17.00

garlic mayo, celery sticks

Contains: celery, egg, sulphur dioxide, wheat, mustard

Soup of the Day (VE)

8.50

homemade brown bread

Contains: wheat, celery, milk

MAINS

Butter Chicken Masala

23.00

basmati rice, garlic and coriander naan, mango chutney, pickled red onion

Contains: milk, wheat, mustard, sulphur dioxide

Pasta of the Day (VE)

18.00

For Allergens, Please see daily special

Grilled Irish Beef Burger

24.00

baby gem lettuce, tomato, fried onions, cheddar cheese, ballymaloe relish,

sesame seeded bun, skinny fries

Contains: wheat, sesame, milk, mustard, egg, soya

SANDWICHES

Chicken Tikka Wrap

16.00

red onion, mint yogurt, mixed leaves

Contains: wheat, milk, egg, mustard, sulphur dioxide

Mespil Toastie

16.00

baked ham, gruyère cheese, ballymaloe relish,

sourdough bread

Contains: wheat, milk, mustard, sulphur dioxide, celery

Reuben Sandwich

16.00

pastrami, sauerkraut, swiss cheese,

thousand island dressing

Contains: wheat, milk, sulphur dioxide, mustard, egg

Vegetarian Focaccia (VE)

15.00

aubergine, roast red pepper, grilled haloumi, rocket

Contains: wheat, mustard, sulphur dioxide, milk, sesame seeds, soy

SALADS

Cous-cous Salad (PB)

15.00

mixed leaves, broccoli, beansprout, watermelon,

pomegranate seeds, red pepper dressing

add warm grilled chicken 6.50

Contains: wheat, mustard, sulphur dioxide

Mespil Caesar Salad

15.00

baby gem lettuce, sourdough croutons,

bacon, boiled egg, parmesan dressing

add warm grilled chicken 6.50

Contains: wheat, egg, mustard, sulphur dioxide, milk, nuts, hazelnut,

walnut, pistachio almonds

Feta and Beetroot Salad (VE)

15.00

mixed leaves, apple, walnuts, lemon dressing

add warm grilled chicken 6.50

Contains: milk, walnuts, mustard, sulphur dioxide

(PB) = Plant Based

(VE) = Vegetarian

All sandwiches served with skinny fries or soup

Dessert menu available upon request

Please note any allergens with your server. Gluten Free menus are available upon request.

All our beef, pork & chicken is 100% Irish & our fish is sustainably sourced