

# STARTERS

## Satay Chicken Wings

13.00/17.00

honey and soy dipping sauce, celery

Contains: wheat, peanuts, celery, soy, sesame

## Soup of the Day (VE)

8.50

homemade brown bread

Contains: wheat, celery, milk

# MAINS

## Chicken Pudina Masala

22.00

basmati rice, mango chutney, garlic and coriander naan

Contains: milk, wheat, mustard, sulphur dioxide

## Pasta of the Day (VE)

18.00

For Allergens, Please see daily special

## 8oz Beef Burger

24.00

pretzel bun, applewood smoked cheddar, baby gem, tomato, red pepper relish

Contains: wheat, milk, mustard

# SANDWICHES

## Baked Ham and White Cheddar Toastie

16.00

tomato, red pepper relish, sourdough

Contains: wheat, mustard, milk, sulphur dioxide

## House Hot Smoked Salmon

16.00

leek, dill crème fraîche on home-made brown bread

Contains: fish, mustard, sulphur dioxide, milk

## Roast Turkey Melt

16.00

brie stuffing and cranberry flatbread

Contains: wheat, milk, mustard, sulphur dioxide

## Vegan Wrap (PB)

15.00

mixed leaves, roast red pepper,

avocado puree, tomato, onion

Contains: wheat, mustard, sulphur dioxide

# SALADS

## Honey Roasted Root Vegetable Salad (VE)

15.00

burrata, toasted hazelnut, baby kale,

orange thyme dressing

*add warm grilled chicken 6.50*

Contains: wheat, hazelnuts, sulphur dioxide, milk

## Mespil Caesar Salad

15.00

baby gem lettuce, sourdough croutons,

bacon, boiled egg, parmesan dressing

*add warm grilled chicken 6.50*

Contains: wheat, egg, mustard, sulphur dioxide, milk, nuts, hazelnut, walnut, pistachio almonds

## Smoked Salmon and Potato Salad

15.00

pickled fennel, watercress, rocket, dill crème fraîche

Contains: mustard, fish, sulphur dioxide, milk

(PB) = Plant Based

(VE) = Vegetarian

All sandwiches served with skinny fries or soup

Dessert menu available upon request

Please note any allergens with your server. Gluten Free menus are available upon request.

All our beef, pork & chicken is 100% Irish & our fish is sustainably sourced