STARTERS

Garlic Parmesan and Chilli Chicken Wings	€12.00/€16.00
chive and crème fraiche dressing, celery sticks Contains: mustard, egg celery, wheat, milk	
Gambas Pil Pil	€13.00
baked garlic and chili prawns, charred sourdough bread Contains: crustacean, milk, wheat	
Beetroot Cured Salmon	€12.50
green apple salad, watercress, trout roe, herb mayo, crisp bread Contains: fish, wheat, sulphur dioxide, mustard, egg, milk	
Chicken Liver Parfait	€11.50
orange chutney, candied walnut, toasted brioche Contains: milk, wheat, eggs, mustard, sulphur dioxide, walnut, celery, soya	
Papri Chaat (VE)	€8.50
crispy fried wafers, chickpeas, potatoes, tamarind chutney,	
yoghurt, and chaat spices Contains: wheat, milk, mustard	
Soup of the Day (PB)	€8.50
home-made brown bread Contains: celery, wheat, milk	
Spinach and Pinenut Croquettes (VE)	€7.50
chili jam	
Contains: wheat, soy, sulphur dioxide, pinenuts	
Mespil Tasting Board	€31.00
chicken wings, baked prawns, papri chaat, croquettes	
Contains: mustard, egg celery, wheat, sesame, milk, crustacean, soy, nuts, pine nuts, sulpher dioxide	:

Please note any allergens with your server.

Plant Based and Gluten Free menus are available upon request.

SALADS

Mespil Caesar Salad €15.00

baby gem lettuce, sourdough croutons, bacon, parmesan and boiled egg add warm grilled chicken €6.00

Contains: wheat, eggs, milk, mustard, sulphur dioxide, walnut, pistachio. almond

Baby Spinach Salad (PB)

€15.00

sweet potato, apple, walnut, chilli lemon dressing add warm grilled chicken €6.00
Contains: walnut, mustard, sulphur dioxide

Mediterranean Salad (VE)

€15.00

chickpeas, cucumber, cherry tomato, feta, black olive, oregano, sherry dressing add warm grilled chicken €6.00

Contains: mustard, sulphur dioxide, milk

SANDWICHES

Served until 5:00 pm

Asian Pulled Pork Sandwich

€17.50

brioche bun, kimchi and sriracha mayo Contains: wheat, egg, sulphur dioxide, mustard, soy, peanuts, fish, sesame, milk

Mespil Toastie

€16.00

smoked ham, cheddar cheese, emmental cheese, honey mustard dressing on ciabatta Contains; wheat, milk, mustard

Italian Salami Bagel

€16.00

salami, mortadella, red pepper, provolone cheese, rocket Contains: wheat, milk, mustard, sulpher dioxide, sesame

Vegan Quesadilla (PB)

€14.00

sweetcorn, vegan mozzarella, spiced sweet potato, vegan garlic mayo Contains: wheat, mustard

Cajun Turkey Wrap

€15.00

spinach, sundried tomato pesto, red onion Contains: wheat, milk, mustard, pine nuts

All sandwiches served with skinny fries or soup & mixed leaf salad

For Allergens, Please see daily special

MAINS

10oz Sirloin Steak skinny fries, green beans, roast garlic choice of peppercorn sauce or garlic butter Contains: wheat, milk, mustard, sulphur dioxide, celery	€37.00
Slow-Cooked Feather Blade of Beef gratin potato, field mushroom, cherry tomato Contains: milk, mustard, sulphur dioxide, celery	€34.00
Roast Breast of Chicken potato and black pudding terrine, savoy cabbage, jus Contains: wheat, milk, sulphur dioxide, celery	€24.00
Pan Fried Seabass peas, bacon mussels, lemon beurre Blanc, dill oil, fondant potato Contains: milk, fish, mollusc	€23.00
Roast Fillet of Cod gnocchi, leeks, parsley pesto, tenderstem broccoli Contains: wheat, milk, fish, pine nuts, soy	€23.00
Grilled Irish Beef Burger brioche bun, burger sauce, baby gem lettuce, tomato, cheddar cheese, dill pickle, skinny fries Contains: wheat, milk, sesame, sulphur dioxide, mustard, egg	€23.00
Katsu Curry Fried Chicken Burger brioche bun, baby gem, rainbow slaw, pickled cucumber, katsu curry mayo, skinny fries Contains: wheat, milk, celery, sulphur dioxide, mustard, egg, sesame	€21.00
Traditional Chicken Karahi garlic and coriander naan, steamed basmati rice, coconut and peanut chutney Contains: milk, peanut, sulphur dioxide, mustard, wheat	€22.50
Blackened Cod Taco honey and lime slaw, avocado, spicy taco sauce Contains: wheat, milk, fish, celery, sulphur dioxide, egg, mustard	€22.00
Vegan Dal Makhani (PB) charred poppadom, mango chutney, steamed basmati rice, pickled red onion Contains: mustard, sulphur dioxide	€19.00
Pasta of the Day (VE)	€17.00

PIZZAS & SIDES

PIZZAS

Pepperoni	€17.00
pepperoni & mozzarella	
Contains: wheat, milk, mustard, soy	
Margherita (VE)	€16.50
tomato, basil & mozzarella	
Contains: wheat, milk, mustard, soy	
Salami	€17.00
	217.00
red pepper, rocket and spicy mayo Contains: wheat, egg, milk, sulphur dioxide, mustard, soy	
Contains. Wheat, egg, min, surprial dioxide, mastalo, soy	
Vegetarian (VE)	€16.00
sweet potato, black olive, red pepper, mozzarella	
Contains: wheat, milk, mustard, soy, sulphur dioxide	
SIDES	
SIDES .	
Skinny Frios (\/E)	€5.50
Skinny Fries (VE)	
	65.50
Contains: wheat	C3.30
Sweet Potato Fries (VE) Contains: wheat	€7.00
Sweet Potato Fries (VE)	
Sweet Potato Fries (VE)	
Sweet Potato Fries (VE) Contains: wheat	€7.00
Sweet Potato Fries (VE) Contains: wheat Maple Glazed Carrots (VE) Contains: wheat, milk	€7.00 €5.00
Sweet Potato Fries (VE) Contains: wheat Maple Glazed Carrots (VE) Contains: wheat, milk Gnocchi with Garlic Butter and Peas	€7.00
Sweet Potato Fries (VE) Contains: wheat Maple Glazed Carrots (VE) Contains: wheat, milk	€7.00 €5.00
Sweet Potato Fries (VE) Contains: wheat Maple Glazed Carrots (VE) Contains: wheat, milk Gnocchi with Garlic Butter and Peas Contains: wheat, milk	€7.00 €5.00 €6.00
Sweet Potato Fries (VE) Contains: wheat Maple Glazed Carrots (VE) Contains: wheat, milk Gnocchi with Garlic Butter and Peas	€7.00 €5.00

DESSERTS

Milk Chocolate Tart	€9.50
berry compote	
Contains: wheat, milk, soy	
Passionfruit Cheesecake	€9.50
mango, and coconut sorbet	
Contains: wheat, egg, milk	
Ginger Sponge Pudding	€9.50
marinated pineapple and vanilla ice-cream	
Contains: wheat, eggs, milk	
Ice-cream Sundae (VE)	€9.50
wafer, crushed oreos, raspberry sauce and marshmallow	
Contains: wheat, milk, soy	
Mespil Cheese Board (VE)	€13.00
wicklow brie, young buck blue, cheddar	
Contains: wheat, celery, milk	