

STARTERS

- Spiced Falafel (PB)** 9.00
butternut squash hummus, pickled red onion, beetroot
Contains: wheat, sulphur dioxide, mustard, sesame
- Chipotle and Lime BBQ Sauce Chicken Wings** 13.00/17.00
ranch dressing, celery
Contains: wheat, mustard, egg, celery, sulfur dioxide, milk
- Potted Smoked Salmon** 12.00
lemon oil, sourdough crostini, preserved lemon, pickled cucumber
Contains: milk, fish, wheat, sulphur dioxide, mustard
- Mespil Sharing Platter (for 2 sharing)** 32.00
Chipotle and lime bbq chicken wings, lamb croquettes, pork belly bites, spiced falafel
Contains: wheat, egg, milk, sulphur dioxide, soy, mustard, celery, sesame

SMALL PLATES

- Moroccan Spiced Lamb Shoulder Croquettes** 12.00
beetroot, lemon yoghurt
Contains: celery, sulphur dioxide, milk, egg, wheat, mustard, sesame
- Prawn and Chorizo Pil Pil** 12.00
charred sourdough bread
Contains: wheat, milk, crustacean
- Soy Glazed Pork Belly Bites** 11.00
pickled cucumber and radish
Contains: soy, celery, sulphur dioxide, sesame
- Soup of the Day (VE)** 8.50
home-made brown bread
Contains: celery, milk, wheat

(PB) = Plant Based

(VE) = Vegetarian

*Please note any allergens with your server.
Gluten Free menus are available upon request.*

All our beef, pork & chicken is 100% Irish & our fish is sustainably sourced.

SALADS

Roast Turmeric Cauliflower Salad (VE) 16.00
spinach, sweetcorn, feta, lemon yoghurt dressing, pumpkin seeds
add warm grilled chicken 6.50
contains: milk

Mespil Caesar Salad 16.00
baby gem lettuce, sourdough croutons, bacon, boiled egg, parmesan dressing
add warm grilled chicken 6.50
Contains: wheat, egg, mustard, sulphur dioxide, milk, nuts, hazelnut, walnut, pistachio almonds

Autumn Vegetable Salad (PB) 16.00
rainbow carrots, courgettes, broccoli, black olives, mixed leaf,
cider vinegar dressing
add warm grilled chicken 6.50
Contains: mustard, sulphur dioxide

SANDWICHES

Served until 5:00 pm

Mespil Toastie 15.00
monterey jack cheese, baked ham, ballymaloe relish, sourdough bread
Contains: wheat, milk, mustard, sulphur dioxide

Spiced Falafel (VE) 15.00
pitta bread, lemon yoghurt, mixed leaf, cucumber, tomato
Contains: milk, wheat, mustard, sulphur dioxide, sesame

House Hot-Smoked Salmon 16.00
home-made brown bread, preserved lemon
Contains: wheat, milk, fish, sulphur dioxide, mustard

Salami and Chorizo Ciabatta 15.00
toasted ciabatta, salami, chorizo, sauerkraut, russian dressing, rocket
Contains: wheat, egg, mustard, sulphur dioxide, fish, spelt, kamut

All sandwiches served with skinny fries or soup



MAINS

8oz Sirloin Steak	36.00
onion rings, tender-stem broccoli, skinny fries, <i>choice of peppercorn sauce or garlic butter</i> Contains: wheat, milk, celery, sulphur dioxide	
Roast Barberrry Duck Breast	35.00
duck leg croquette, fondant potato, cavolo nero, cherry red wine sauce Contains: milk, sulphur dioxide, celery, wheat, egg	
Supreme of Manor Farm Chicken	26.00
roast parsnip puree, tender-stem broccoli, potato fondant, chicken velouté Contains: milk, celery, wheat	
Pan-Fried Hake	25.00
coco bean and tomato ragout, olive tapenade Contains: fish, celery, sulphur dioxide	
Punjabi Chole (PB)	18.00
Punjabi Chole basmati rice, mint chutney, pickled red onion, fried Indian bread Contains: mustard, sulphur dioxide, wheat	
Teriyaki Salmon	23.00
asian stir-fry egg noodles, charred pak choi Contains: soy, sesame, fish, wheat, sulphur dioxide, egg	
Chicken Chettinad	22.00
basmati rice, mango chutney, naan, pickled red onion Contains: mustard, wheat, milk, sulphur dioxide, sesame	
Gourmet Beef Burger	23.00
sesame seeded bun, bacon, ballymaloe relish, baby gem, tomato, skinny fries Contains: wheat, milk, egg, sesame, soy, mustard	
Chargrilled Chicken Burger	22.00
sesame seeded bun, lemon pepper, ranch dressing, baby gem, tomato, skinny fries Contains: wheat, milk, egg, sesame, soy	
Beer Battered Fish and Chips	22.00
pea puree, tartar sauce, skinny fries Contains: wheat, fish, egg, milk, sulphur dioxide	
Pasta of the Day (VE)	18.00
For Allergens, Please see daily special	

PIZZAS & SIDES

PIZZAS

Pepperoni

16.00

pepperoni, mozzarella, tomato sauce

Contains: wheat, milk, soy, sesame, mustard

Spicy Mespil Pizza

16.00

hot honey, feta cheese, roast red pepper

Contains: wheat, milk, soy, sesame, mustard

Margherita (VE)

15.00

basil, mozzarella, tomato sauce

Contains: wheat, milk, soy, sesame, mustard, sulphur dioxide

SIDES

Roasted Carrots and Courgettes (VE)

4.50

pumpkin seeds

Contains: milk

Crushed Baby Boiled Potatoes (VE)

5.00

Contains: milk

Sweet Potato Fries (VE)

7.00

Contains: wheat

Leafy Salad (VE)

4.00

cherry tomato, black olive and feta

Contains: mustard, sulphur dioxide, milk

Skinny Fries (VE)

5.50

Contains: wheat



DESSERTS

Warm Sticky Toffee Pudding (VE)	9.50
caramel sauce, vanilla ice-cream	
Contains: milk, egg, nuts	
Apple And Blackberry Crumble (VE)	9.00
vanilla custard	
Contains: wheat, milk, egg	
Orange And Ginger Parfait (VE)	9.50
raspberry, mango coulis	
Contains: wheat, egg, milk	
Selection of Ice-cream (VE)	8.50
wafer basket, chocolate sauce, sprinkles, marshmallows	
Contains: wheat, milk, eggs, soy	
Mespil Cheese Board (VE)	13.00
wicklow brie, young buck blue, cheddar	
Contains: wheat, celery, milk, mustard, sulphur dioxide	