



## LIGHT BITES

- Sichuan Pepper Calamari** 10.5  
Smoked paprika aioli, skinny fries & mixed leaf salad  
1, wheat, 3, 10
- Soup of the Day (V)** 6.5  
Mespil brown bread  
1, wheat, 2, 3, 4
- Guinness BBQ Glazed Chicken Wings** 9.5  
Garlic mayonnaise  
1, wheat, hordein, 2, 5, 7

## SALADS

- Mespil Caesar Salad (V)(VE) \*on request** starter 9  
Baby gem lettuce, croutons, crisp bacon & Parmesan cheese (+€6.00 Grilled Chicken) main 14  
1, wheat, 3, 4
- Buddha Bowl (V)(VE)** starter 9  
Spiced chickpeas, cherry tomatoes, avocado, chargrilled courgette, carrot, beansprouts, feta cheese & mustard dressing (+€6.00 Grilled Chicken) main 15  
1, wheat, 2, 3, 4, 5

## MAINS

- Beer Battered Cod Fillet** 18.5  
Celeriac remoulade, pea purée & skinny fries  
1, wheat, 3, 10
- 10" Pepperoni Pizza** 16  
Pepperoni & mozzarella pizza  
1, wheat, 4, 13
- Korean BBQ Chicken Burger** 18  
Red cabbage kimchi, toasted peanut, sesame seeded brioche bun & skinny fries  
1, wheat, 3, 4, 7, 8

## SANDWICHES

- Reuben** 12.5  
Pastrami, sauerkraut, Swiss cheese & thousand island dressing served on olive bread  
1, wheat, 3, 4, 5, 9
- Cubano** 12.5  
Slow-cooked pork belly, Hegarty's cheddar cheese, pickles & grain mustard served on toasted ciabatta  
1, wheat, 2, 3, 4, 5
- Smoked Salmon** 12.5  
Avocado & red onion served on Mespil brown bread  
1, wheat, 4, 5
- Ploughmans** 12.5  
Smoked ham, Hegarty's cheddar cheese & Ballymaloe relish served on sourdough bread  
1, wheat, 4, 5

**All sandwiches served with soup or skinny fries and mixed leaf salad**

## DESSERTS

- Bread n Butter Pudding** 8.5  
Vanilla ice cream & apricot jam  
1, wheat, 3, 4, 9
- Chocolate Assiette** 9.5  
Opera gateaux, hazelnut chocolate brownie & chocolate tart  
1, wheat, 3, 4, 9
- Selection of Ice cream** 7  
Wafer basket, raspberry coulis & chocolate bean  
1, wheat, 3, 4, 9

## SIDES

- Skinny Fries (V)** 1, wheat 5
- Beetroot & Feta Salad (V)** 4, 5 5  
apple cider dressing

## ALLERGEN INDEX

1 Gluten, 2 Celery, 3 Eggs, 4 Milk, 5 Mustard, 6 Soya, 7 Sesame, 8 Peanuts, 9 Nuts, 10 Fish, 11 Crustacean 12 Mollusc, 13 Sulphur Dioxide, 14 Lupin, (V) Vegetarian Friendly Option (VE) Vegan Friendly Option