

SANDWICHES

Chicken Focaccia €13.00

Lemon & thyme chicken breast, streaky bacon & garlic aioli on focaccia bread

Contains: Wheat, Eggs, Milk, Sulphur Dioxide

Warm Moroccan Style Wrap (V) €13.00

Home-made falafel, spiced hummus & tzatziki

Contains: Wheat, Mustard, Sulphur Dioxide, Sesame, Milk

Mespil Toastie €13.00

Toasted ham, cheese and Ballymaloe tomato relish on sourdough bread

Contains: Wheat, Eggs, Mustard, Sulphur Dioxide

Open Tuna Salad Sandwich €13.00

Mixed leaves, cucumber & pickled onion on sourdough bread

Contains: Wheat, Sulphur Dioxide, Mustard, Fish, Eggs

**All sandwiches served with chips
or soup & mixed leaf salad**

STARTERS

Spicy Apricot Glazed Chicken Wings €9.80

Served with ranch dressing

Contains: Wheat, Milk, Eggs, Celery, Sesame

Soup Of The Day (V)(VE) €6.50

With home-made brown bread

Contains: Wheat, Celery

Chicken Liver Parfait €11.50

Toasted brioche & fig chutney

Contains: Wheat, Milk, Eggs, Mustard, Sulphur Dioxide

Ploughman's Board (for 2 sharing) €23.00

Pork terrine, sliced ham, red cheddar cheese, Cashel blue, Branston pickle, gherkins, sundried tomatoes, apple chutney & crusty sourdough baguette

Contains: Wheat, Celery, Milk, Mustard, Soy, Sesame, Sulphur Dioxide

SIDES

Skinny Fries (V) €5.50

Contains: Wheat

Asian Greens (V) €5.50

Roast peanuts, broccoli, Pak choi & cabbage in a soy glaze

Contains: Milk, Peanuts, Soy, Gluten, Sesame

SALADS

Chickpea Tabbouleh (V) €15.00

Grilled pepper & courgette salad, feta, pickled red onion, spinach, almonds, bulgar wheat & lemon dressing

Add Warm Grilled Chicken €6.00

Contains: Wheat, Milk, Mustard, Almonds, Sulphur Dioxide

Thai Beef Salad €22.00

Vermicelli noodles, toasted peanuts, shredded vegetables & home-made pickle, soy & lime dressing

Contains: Wheat, Mustard, Sulphur Dioxide, Sesame, Peanuts, Soy, Shellfish

Mespil Caesar Salad (V) €15.00

Baby gem leaves, bacon lardons, sourdough croutons & parmesan dressing. Add Warm Grilled Chicken €6.00

Contains: Wheat, Eggs, Milk, Mustard, Sulphur Dioxide

MAINS

South Indian Chicken Masala €19.00

Basmati rice, raita & charred poppadom

Contains: Milk, Mustard

Beer Battered Cod €18.50

Celeriac remoulade, minted pea purée & skinny fries

Contains: Wheat, Eggs, Mustard, Fish, Sulphur Dioxide

Grilled Irish Beef Burger €18.50

Baby gem lettuce, beef tomato, streaky bacon, Dubliner cheddar cheese, Ballymaloe relish, sourdough sesame bun & skinny fries

Contains: Wheat, Milk, Soy, Sesame

Roast Supreme of Chicken €21.00

Black pudding, caramelised apple, potato rosti & red wine jus

Contains: Wheat, Celery, Milk, Sulphur Dioxide

PIZZAS

Pepperoni €16.00

Pepperoni & mozzarella

Contains: Wheat, Milk, Sulphur Dioxide

Margherita (V) €15.00

Tomato, mozzarella & basil

Contains: Wheat, Milk

Veggie (V) €15.00

Roast red peppers, jalapenos, red onion & rocket leaves

Contains: Wheat, Milk