



SANDWICHES

Chicken Focaccia €13.60

Lemon & thyme chicken breast, streaky bacon & garlic aioli on focaccia bread
Contains: Wheat, Eggs, Milk, Sulphur Dioxide, Mustard

Warm Moroccan Style Wrap (V) €13.60

Home-made falafel, spiced hummus & tzatziki
Contains: Wheat, Mustard, Sulphur Dioxide, Sesame, Milk

Mespil Toastie €13.60

Toasted ham, cheese and Ballymaloe tomato relish on sourdough bread
Contains: Wheat, Eggs, Mustard, Sulphur Dioxide

Open Tuna Salad Sandwich €13.60

Mixed leaves, cucumber & pickled onion on sourdough bread
Contains: Wheat, Sulphur Dioxide, Mustard, Fish, Eggs

All sandwiches served with chips or soup & mixed leaf salad

STARTERS

Spicy Apricot Glazed Chicken Wings €10.20

Served with ranch dressing
Contains: Wheat, Milk, Eggs, Celery, Sesame

Soup Of The Day (V)(VE) €6.80

With home-made brown bread
Contains: Celery & Bread contains Wheat, Milk

Chicken Liver Parfait €12.00

Toasted brioche & fig chutney
Contains: Wheat, Milk, Eggs, Mustard, Sulphur Dioxide

Ploughman's Board (for 2 sharing) €24.00

Pork terrine, sliced ham, red cheddar cheese, Cashel blue, Branston pickle, gherkins, sundried tomatoes, apple chutney & crusty sourdough baguette
Contains: Wheat, Celery, Milk, Mustard, Soy, Sesame, Sulphur Dioxide

SIDES

Skinny Fries (V) €5.50

Contains: Wheat

Asian Greens (V) €5.50

Roast peanuts, broccoli, Pak choi & cabbage in a soy glaze
Contains: Milk, Peanuts, Soy, Gluten, Sesame

SALADS

Chickpea Tabbouleh (V) €15.60

Grilled pepper & courgette salad, feta, pickled red onion, spinach, almonds, bulgar wheat & lemon dressing
Add Warm Grilled Chicken €6.20
Contains: Wheat, Milk, Mustard, Almonds, Sulphur Dioxide

Thai Beef Salad €22.90

Vermicelli noodles, toasted peanuts, shredded vegetables & home-made pickle, soy & lime dressing
Contains: Sulphur Dioxide, Sesame, Peanuts, Soy, Shellfish

Mespil Caesar Salad (V) €15.60

Baby gem leaves, bacon lardons, sourdough croutons & parmesan dressing. Add Warm Grilled Chicken €6.20
Contains: Wheat, Eggs, Milk, Mustard, Sulphur Dioxide

MAINS

South Indian Chicken Masala €19.80

Basmati rice, raita & charred poppadom
Contains: Milk, Mustard

Beer Battered Cod €19.20

Celeriac remoulade, minted pea purée & skinny fries
Contains: Wheat, Eggs, Mustard, Fish, Sulphur Dioxide

Grilled Irish Beef Burger €19.20

Baby gem lettuce, beef tomato, streaky bacon, Dubliner cheddar cheese, Ballymaloe relish, sourdough sesame bun & skinny fries
Contains: Wheat, Milk, Soy, Sesame

Roast Supreme of Chicken €21.90

Black pudding, caramelised apple, potato rosti & red wine jus
Contains: Wheat, Celery, Milk, Sulphur Dioxide

PIZZAS

Pepperoni €16.70

Pepperoni & mozzarella
Contains: Wheat, Milk, Sulphur Dioxide

Margherita (V) €15.60

Tomato, mozzarella & basil
Contains: Wheat, Milk

Veggie (V) €17.20

Roast red peppers, jalapenos, red onion & rocket leaves
Contains: Wheat, Milk