



SANDWICHES

Reuben €12.50
Pastrami, sauerkraut, Swiss cheese
& thousand island dressing on olive bread
Contains: Wheat, Eggs, Milk, Mustard

Caprese (V) €12.50
Plum tomato, mozzarella, rocket & pesto
on focaccia bread. *Vegan option available with tofu (VE)*
Contains: Wheat, Eggs, Milk, Nuts

Smoked House Salmon €12.50
Smoked house salmon, cream cheese & cucumber
on spelt & beetroot bread
Contains: Wheat, Eggs, Milk, Mustard, Nuts, Fish

Ploughman's €12.50
Ham, Dubliner cheese, Ballymaloe tomato relish
& gherkins on sourdough bread
Contains: Wheat, Eggs, Milk, Mustard

**All sandwiches served with chips
or soup & mixed leaf salad**

STARTERS

Spicy BBQ Chicken Wings €9.80
Served with blue cheese dressing
Contains: Wheat, Eggs, Milk, Mustard, Sesame

Soup Of The Day (V)(VE) €6.50
With home-made brown bread
Contains: Wheat, Celery

Braised Chicken Leg & Ham Hock Terrine €10.00
Sourdough crouton & pickled vegetables
Contains: Wheat, Celery, Milk, Mustard

Antipasto Sharing Platter €22.00
Cured meats, Irish cheese, artichokes, sun-dried
tomatoes, olives, grilled flatbread, water biscuits
& apple chutney
Contains: Wheat, Celery, Milk, Mustard, Pecans

SIDES

Skinny Fries (V) €5.00
Contains: Wheat

Butternut squash, Rocket & Feta Salad (V) €5.00
Contains: Milk, Mustard

SALADS

Pearl Couscous Salad (V)(VE) €15.00
Roast butternut squash, spinach, raisins,
pecans & Dijon vinaigrette.
Add Warm Grilled Chicken €6.00
Contains: Wheat, Mustard, Sesame, Pecans, Sulphur Dioxide

Spicy Quinoa Salad (V) €15.00
Beetroot, feta cheese, rocket, spring onion,
toasted almonds & lemon dressing. *Add Warm Grilled
Chicken €6.00* *Vegan option available with tofu (VE)*
Contains: Milk, Mustard, Sesame, Almonds

Mespil Caesar Salad €15.00
Baby gem leaves, crispy bacon, sourdough croutons
& parmesan dressing. *Add Warm Grilled Chicken €6.00*
Contains: Wheat, Eggs

MAINS

Chicken Korma €19.00
Basmati rice, poppadom & mango chutney
Contains: Wheat, Milk, Mustard, Almonds, Cashes, Soya,
Sesame, Sulphur Dioxide

Mespil Fish & Chips €18.50
Beer battered cod, celeriac remoulade,
minted pea puree & skinny fries
Contains: Wheat, Eggs, Milk, Mustard, Fish, Sulphur Dioxide

Grilled Irish Beef Burger €18.50
Baby gem lettuce, beef tomato, caramelised onion,
streaky bacon, smoked cheddar cheese, Ballymaloe
relish, sesame seeded bun & skinny fries
Contains: Wheat, Eggs, Milk, Mustard, Sesame

Steamed Fillet of Smoked Haddock €19.50
Spring onion mash, crispy poached egg
& butter sauce
Contains: Wheat, Eggs, Milk, Fish

PIZZAS

Pepperoni €16.00
Pepperoni & mozzarella
Contains: Wheat, Milk, Sulphur Dioxide

Margherita (V) €15.00
Tomato, mozzarella & basil
Contains: Wheat, Milk

Veggie (V) €15.00
Olives, artichoke, courgette, feta & rocket
Contains: Wheat, Milk