

## WESTLIFE MENU

## **STARTERS**

Sichuan Pepper Calamari	€9.50
Smoked paprika aioli (1,wheat,3,10)	
<b>Mespil Caesar Salad</b> $(V)(V) * on request$ Baby gem lettuce, croutons, crisp bacon main $(*)$ & Parmesan cheese (+ $\in$ 6.00 Grilled Chicken) (1,wheat,3,4)	€8.00 €11.00
<b>Soup of the Day</b> (V) Home-made brown bread (1, <i>wheat</i> ,2,3,4)	€6.50
<b>Spicy Chicken Wings</b> Frank's hot sauce, celery sticks & blue cheese dressing (1,wheat,2,3,4,13)	€8.50
SIDES	
Skinny Fries (1, wheat)	€4.75
Side Salad (5)	€4.50
DESSERTS	
<b>Lemon Posset</b> Plum compote & shortbread biscuit (1,wheat,3,4)	€6.80
<b>Selection of Ice-cream</b> Wafer biscuit, caramel sauce & flaked almonds (1,wheat,3,4,9)	€6.90
<b>Strawberry Cheesecake</b> Berry compote (1,wheat,3,4,8,9)	€6.50
<b>Chocolate Fudge Brownie</b> Chantilly Cream (1,wheat,3,4,8,9)	€6.50

## MAIN COURSES

Grilled Minute Steak Sandwich	€21.50
Served on Ciabatta bread with caramelised onion, rocket, mustard mayo & skinny fries (1,wheat,3,4,5)	
Fish & Chips	€17.25
Beer battered fillet of hake, pea purée, skinny fries & tartar sauce	€17.25
(1,wheat,3,5,10)	
Chicken Tikka Makhni	€16.50
Basmati rice, poppadoms, & home-made pickles	
(1,wheat,3,5,10)	
Grilled Irish Beef Burger	€17.00
Baby gem lettuce, beef tomato, Dubliner cheddar cheese, bacon, Ballymaloe tomato relish & skinny fries	
(1,wheat,3,4)	
Chickpea Tagine $(\vee)$	€15.50
Basmati rice, poppadoms, & home-made pickles (1,wheat,5)	
Spicy Buttermilk Chicken Burger	€16.75
Brioche bun, baby gem lettuce, sliced tomato, chipotle mayonnaise & skinny fries (1,wheat,3,4)	
8 " P I Z Z A S	
Margherita (V)	€15.00
Tomato, basil & mozzarella, served with skinny fries (1,wheat,4)	
Classic	€16.00

Pepperoni & mozzarella, served with skinny fries (1,wheat,4,13)

## ALLERGEN INDEX

1 Gluten , 2 Celery, 3 Eggs, 4 Milk, 5 Mustard, 6 Soya, 7 Sesame, 8 Peanuts, 9 Nuts, 10 Fish, 11 Crustacean 12 Mollusc, 13 Sulphur Dioxide, 14 Lupin,